



Dear Parent(s)/ Guardian(s),

I am excited to welcome you and your child to Health class!! I look forward to teaching your child this school year!

The “Classroom Information” sheet is on the back of this sheet. This sheet explains the discipline guidelines, consequences, grading scale, and extra credit opportunities for this class. Please look this over with your child. After looking over both of these, please fill out the bottom portion and have your child return to me as it will be part of his/her grade.

6th grade topics covered in Health Class

1. Introduction to Health
2. Mental/Emotional Health
3. Decision Making
4. Nutrition
5. Reproductive Systems

7th grade topics covered in Health Class

1. Eating Disorders
 2. Mental Disorders
 3. Suicide/Self-harm
 4. Tobacco/Alcohol
- **DARE will also have presentations**

8th grade topics covered in Health Class

1. Abuse/Neglect
2. Communicable Diseases
3. Social Health
4. Non-Communicable Diseases
5. Body Systems (Cardiovascular, Respiratory, Skeletal, Muscular)
6. Bone and Muscle Anatomy of the human body

Please fill out and have your child return to me ASAP

Child's Name _____ Grade _____

Parent(s)/ Guardian(s) Name _____

Home Phone # _____ Parent/Guardian work # _____

Parent/Guardian Email Address _____

Parent Signature _____